



Machu Picchu and the Sacred Valley and Lake Titicaca Peru, South America

2018 May 26 – June 4

AdventureMeter: Active ★★☆☆☆
Lots of general walking & exploring

ITINERARY



26 MAY: USA - LIMA

- Arrive Lima , Collect your luggage, go through Customs, and wait in the “Arrival Hall”. Look for our transport fellow with a “SCOTTSDALE SKI CLUB” sign.
- Greet at arrival and assistance to the hotel.
- Overnight near Lima airport
- **No meals**



27 MAY: CUSCO - SACRED VALLEY

- Breakfast at hotel
- Transfer back to Lima airport – Flight to Cusco (not included)
- Transfer to the Sacred Valley
- Guided visit on route to **Pisac Market + Ollantaytambo Fortress.**
- Quick Box lunch included
- Overnight at the Sacred Valley
- **B, L**



28 MAY: SACRED VALLEY

- Breakfast at hotel
- Full day guided visit to **Chincheros town + Maras Salt Mines + Short trek through Moray Terraces.**
- Quick Menu lunch included
- Overnight at the Sacred Valley
- **B, L**

Find all your details and Sign-Up today at: www.scottski.org

Questions??? Trip Captain: Deborah Haling 602-909-9485 HalingD@gmail.com



29 MAYUG: SACRED VALLEY - MACHU PICCHU

- LEAVE big luggage behind (to be transported to Cusco by luggage van) – Take 11 pound overnight bag* - Transfer to Ollantaytambo train station
- 7:45am **EXPEDITION Class train to Aguas Calientes**
- Check-in Hotel - Round trip Bus **to Machu Picchu**
- **Guided visit to Machu Picchu citadel.**
- Lunch on pax's own – check the Café at Machu Picchu
- Overnight in Aguas Calientes - El Mapi Hotel (deluxe room)
- **B**

***Train Luggage restriction** - The TICKET is only valid for the transport of the CLIENTS and their carry-on luggage (one bag or backpack) with a weight not to exceed 5 kg/11 lb, and maximum measurements of 62 linear in/ 157 linear cm (height+ length + width) in the cars destined for such purpose. IT IS PROHIBITED BY LAW TO BLOCK EXITS WITH ANY TYPE OF LUGGAGE.

30 MAY: MACHU PICCHU - CUSCO

- Breakfast at hotel
- **EARLY TRANSFER to Machu Picchu – for Trekkers** for 07:00 am trek up Huayna Picchu (bus & entrance included, no guide)
- **Morning Transfer 13 paxs 2nd visit to Machu Picchu** (bus & entrance included, No guide) or **explore Aguas Calientes**
- Lunch on pax's own
- **4:45pm EXPEDITION Class train back to Cusco** –arrives 8:23pm
- Overnight in Cusco - Terra Andina (Standard room)
- **B**



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31 MAY: CUSCO

- Breakfast at hotel
- Morning guided **City Tour - Main Square, Cathedral, Koricancha Temple of the Sun & San Pedro Market**
- **Visit Cristo Blanco Statue + Sacsayhuaman Fortress.**
- Lunch on pax's own
- **Afternoon at leisure to explore Cusco**
- Overnight in Cusco - Terra Andina (Standard room)
- **B**



1 JUNE: CUSCO / LIMA / DEPARTURE

- Breakfast at hotel
- Transfer to Cusco's airport.
- Flight to Lima (not included).
- Pick up at airport to Lima city centre
- **Guided Lima City tour (Main Square, Cathedral and San Francisco Convent).**
- Free time for lunch on pax's own.
- **In the afternoon, Larco Museum guided visit.**
- Free time for dinner on pax's own.
- Transfer back to the airport and assistance with late night International flight to the USA. **Arrive home June 2nd**

PUNO - LAKE TITICACA

2-night EXTENSION:

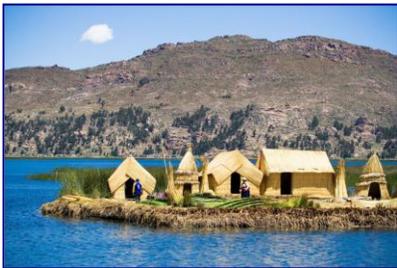
The Floating Islands of Lake Titicaca

These floating islands are the home of the Uros tribe, one which pre-dates the Incan civilization. The Uros residents of the islands create their homes from the *titora* reeds, which rots and must be replaced regularly by stacking more reeds on top of the layer beneath. The islands change in size, and more are created as the need arises.

The reeds are also used to build transportation. Called totoras, the reed built boats were once the only way residents who inhabit the area's desolate islands could navigate Lake Titicaca. The natives, that build the boats by memory – learned a children - are now the last in the world to create what are essentially floating wicker baskets.

1 JUNE: CUSCO – LIMA

- Breakfast at hotel
- Transfer to bus station
- SIB Touristic Bus to Puno



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- Guided visits on route to Andahuaylillas, Pukara & Raqchi
- Quick Buffet lunch included
- Overnight in Puno - Jose Antonio Hotel (Standard room)
- **B, L**



2 JUNE: PUNO – LAKE TITICACA - PUNO

- Breakfast at hotel
- SIB Guided visit to Uros floating Island and Taquile Island (High-Speed boat – Private guide)
- Lunch included in Taquile Island
- Overnight in Puno - Jose Antonio Hotel (Standard room)
- **B, L**

3 JUNE: PUNO – LIMA - HOME

- Breakfast at hotel
- Sillustani tombs guided visit on route
- Transfer to the Puno (Juliaca) airport
- LAN 12:50p flight back to Cusco (not included)
- Arrive Lima 15:45. Pick up at airport and mini-guided LIMA City tour (Main Square, Cathedral and San Francisco Convent).
- Larco Museum guided visit
- Free time for dinner on pax's own
- Transfer back to the airport and assistance with late night International flight to the USA. **Arrive home June 4th**



INCLUDED

Airport transfers and excursions based on private or shared service according to the itinerary.
 English speaking local guides
 Expedition train to/ from Machu Picchu
 Mentioned meals
 Tips for luggage porters at airports and hotels

NOT INCLUDED

International and domestic airfare
 Tips for guides, bus drivers and waiters
 Expenses of personal nature

Compared Elevations –

Snowbowl	9,200 / 11,500
Sunrise	9,000 / 11,100
Telluride	8,725 / 13,150
Lima	5,095
Cusco	11,152
Machu Picchu	7,972
Lake T.	12,507
Choquequirao	6,332

Diamox is recommended to take for 4 or 5 days before arriving at Cusco to prevent altitude sickness.

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Globetrotter / Travel Icon / Machu Picchu

Sitting on a narrow ridge in the Peruvian Andes, this mysterious, 15th-century city was built, inhabited and abandoned in less than 100 years. An engineering marvel, it is believed to have been a royal estate for the Incan emperor Pachacutec. The site is surrounded by mountains said to be in alignment with astronomical events important to the Incas.

WAYNA PICCHU

The peak of this 8,924-foot mountain with ladders, caves and a small temple can be climbed in a 45- to 90-minute scramble. Buy a coveted hiking permit in advance (machupicchu.gob.pe).

TERRACES

A maze of some 700 terraces on the steep slopes anchor the city to the hillside; some provided space for planting crops. The terraces were highly permeable, which meant water could drain and be carried away.

INTIHUATANA

The "Hitching Post of the Sun," this carved rock pillar was likely used by Inca astronomers to predict solstices. It's a rare survivor, since invading Spaniards destroyed intihuatanas throughout the kingdom to eradicate pagan blasphemy.

CENTRAL PLAZA

This sprawling green area with grazing llamas separates the ceremonial sector of Machu Picchu from the more mundane residential and industrial sectors.

TEMPLE OF THE SUN

Featuring the site's finest stonework, this rounded tower has a window that frames the constellation Pleiades, a symbol of crop fertility.

ROYAL TOMB

Speculated to have had special ceremonial significance, a natural rock cave sits below the Temple of the Sun. Its steplike altar and sacred niches are visible from the entrance. Despite its name, no mummies were ever found here.

STONE WALLS

No mortar was used between the wall's stones. Instead, the Incas used precisely cut stones, geometry and L-shaped joints to hold walls in place.

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